

## Stanford Soccer Fitness And Training Guide

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Stanford University Women's Club Soccer Name Position Hometown Year Other activities; 2: Claire Wilson: Defense/Forward : Portland, OR

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Sep 25, 2011 STACK Fitness Weekly: 2015 Summer Training Guide: Soccer Stanford Routt's Track-Inspired Football Speed Training.

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U.S. men's national soccer team training for World Cup Landon Donovan and members of the US Men's National Soccer team enter Stanford Stadium on Soccer on the

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and sweaty red faces of NFL hopefuls. If Stanford's strength training coach Shannon Turley has his way, that all might change industry-wide in 2014.

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